

TOBIAS T LEE, MD, FACC

CURRICULUM VITAE

PULSE HEART INSTITUTE
WASHINGTON STATE
WWW.PULSEHEARTINSTITUTE.ORG
253.572.7320

TACOMA OFFICE
1901 SOUTH CEDAR STREET
SUITE 301
TACOMA, WA 98405

INTERVENTIONAL CARDIOLOGY CLINICAL PRACTICE

- **Pulse Heart Institute, Tacoma, Puyallup, & Auburn, WA** 2016–present
Cardiovascular disease consultation, evaluation, and management. Advanced training in interventional cardiology. Select awards include Cardiac Care Outcomes Assessment Program (COA) performance recognition award at Auburn Medical Center 2023, top 50 cardiovascular hospitals in the United States 2020 (IBM Watson Health), fastest acute myocardial infarction (heart attack) care with best outcomes in Washington State 2019 (COAP). I developed and maintain Epic new consult and progress note templates for inpatient and outpatient care as well as counseling and clinical trial summaries shared with 440 providers as of 19 December 2023. I developed the ScImage cardiac catheterization structure reporting template in 2023.
- **Cardiac Study Center, Inc., P.S., Tacoma, Puyallup, & Auburn, WA** 2006–2016
Private cardiology practice including 15 board certified cardiologists coming together to provide 24-hour, state-of-the-art, comprehensive cardiovascular care. Partnered with Multicare Health System in May of 2016 to form the Pulse Heart Institute.

POST-DOCTORAL TRAINING

- **Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA** 2005–2006
Clinical Fellow in Interventional Cardiology and Peripheral Interventions.
- **Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA** 2002–2005
Clinical Fellow in General Cardiovascular Disease.
- **Boston Medical Center, Boston University School of Medicine, Boston, MA** 2001–2002
Chief Medical Resident in Internal Medicine.
- **Boston Medical Center, Boston University School of Medicine, Boston, MA** 1998–2001
Intern and Resident in Internal Medicine.

EDUCATION

- **Yale University School of Medicine, New Haven, CT** MD 1994–1998
- **Harvard College, Cambridge, MA** AB, Cum Laude 1990–1994
- **Lakeside High School, Seattle, WA** 1986–1990

LICENSURE AND BOARD CERTIFICATION

- National Board of Physicians and Surgeons, Certified Cardiovascular Disease 2023–present
 - National Board of Physicians and Surgeons, Certified Interventional Cardiology 2023–present
 - American Board of Internal Medicine, Certified Interventional Cardiology 2006–present
 - American Board of Internal Medicine, Certified Cardiovascular Disease 2005–present
 - American Board of Internal Medicine, Certified Internal Medicine 2002–2012
 - Washington State Department of Health 2005–present
 - Massachusetts Board of Registration in Medicine 2001–2006
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HONORS AND AWARDS

- Castle Connolly Top Doctor, cardiovascular disease 2019–2024
- Seattle Magazine, top doctors in the Puget Sound Region 2022–2024
- Seattle Magazine, best physicians in Seattle 2023
- Puget Sound Consumers Checkbook, top doctors in Puget Sound area 2017–2018
- American Heart Association Travel Award to the 5th Scientific Forum on Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2004
- ACCF/Bristol-Myers Squibb Affiliate Award for the 53rd Scientific Session 2004
- Resident Teacher of the Year Award runner-up 2001
- Transfusion Medicine Prize for Best Thesis in Transfusion & Laboratory Medicine 1998
- AOA Honor Medical Society Student Research Fellowship 1996
- Farr Scholar Award for Superior Performance as a Medical Student and for Leadership, Integrity, and Intellectual Honesty in Pursuit of Knowledge 1996
- Yale University School of Medicine Research Fellowship 1995

OFFICES AND MEMBERSHIPS IN PROFESSIONAL AND ACADEMIC COMMITTEES

- Pulse Heart Institute, Coronary Artery Disease Center of Excellence, Member 2016–*present*
- Tacoma General Hospital, Cardiac Rehabilitation, Medical Director 2015–*present*
- Pulse Heart Institute, Quality and Safety Steering Committee, Member 2016–2024
- Tacoma General Hospital, Cardiac Catheterization Laboratory, Medical Director 2013–2016
- Cardiac Study Center, Quality and Disciplinary Committee, Member 2011–2016
- Good Samaritan Hospital, Medical Executive Committee, Member 2012–2014
- Multicare Health Systems, Cardiovascular Careline, Associate Medical Director 2012–2013
- Multicare Health Systems, Technology & Cardiac Imaging, Clinical Chief 2010–2012
- Tacoma General Hospital, Inpatient Cardiovascular Services, Physician Director 2009–2010
- Tacoma General Hospital, Chest Pain Center, Physician Director 2008–2009
- Tacoma General Hospital, Carotid Stent Committee, Member 2006–2008
- Thrombolysis in Myocardial Infarction (TIMI), ECG Core Lab, Reviewer 2004–2006
- Beth Israel Deaconess, Graduate Medical Education Committee, Member 2004–2005
- Boston Medical Center (BMC), Autopsy and Tissue Committee, Member 2001–2002
- BMC, Grand Rounds Speaker Selection Committee, Member 2001–2002
- Yale, Human Investigation Committee (Institutional Review Board), Member 1994–1998

ACTIVE HOSPITAL PRIVILEGES

- Tacoma General Hospital, Multicare Health System, *Tacoma, WA* 2006–*present*
- Good Samaritan Hospital, Multicare Health System, *Puyallup, WA* 2006–*present*
- Allenmore Hospital, Multicare Health System, *Tacoma, WA* 2006–*present*
- Multicare Auburn Regional Medical Center, *Auburn, WA* 2012–*present*

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PROFESSIONAL SOCIETIES

- American College of Cardiology, Fellow 2002–*present*
- Massachusetts Medical Society, Member 1998–*present*
- American Heart Association, Member 2007–2012
- American Medical Association, Member 1997–2012
- American College of Physicians, Associate Member 1998–2012

ACADEMIC APPOINTMENTS

- Clinical Fellow in Medicine, Beth Israel Deaconess Medical Center 2002–2006
- Clinical Instructor in Medicine, Boston University School of Medicine 2002
- Teaching Fellow in Medicine, Boston University School of Medicine 2001–2002
- Teaching Associate in Medicine, Boston University School of Medicine 1998–2001

PRIOR HOSPITAL PRIVILEGES

- Saint Joseph Hospital, Franciscan Health System, *Tacoma, WA* 2006–2016
- Saint Anthony Hospital, Franciscan Health Care, *Gig Harbor, WA* 2009–2016
- Saint Clare Hospital, Franciscan Health Care, *Lakewood, WA* 2006–2016
- MetroWest Medical Center, Tenet Healthcare, *Framingham, MA* 2004–2006
- Boston Medical Center, Boston University Medical School, *Boston, MA* 2001–2002

ABSTRACTS AND ORAL PRESENTATIONS

- Kumar, R., T.T. Lee, A. Jeremias, C.P. Ruisi, B. Sylvia, J. Magallon, A.J Kirtane, B. Bigelow, D.S. Pinto, K.K.L. Ho, D.J. Cohen, J.P. Carrozza Jr, D.E. Cutlip. 2005. Diabetic Patients Requiring Insulin Therapy Have Worse Outcomes In The First Year After Sirolimus-eluting Stents. Oral Presentation at the 2005 American Heart Association Scientific Sessions.
- Lee, T.T., J. Chen, D.J Cohen, L. Tsao. 2004. Blood Pressure and Mortality in Patients with Heart Failure: Evidence for a J-shaped Relationship. Presented at the AHA 5th Scientific Forum on Quality of Care & Outcomes Research in Cardiovascular Disease & Stroke 2004.
- Chen, J, T. Lee, D.J Cohen, L. Tsao. 2004. Clinical Signs are Predictive of Mortality in Diastolic Heart Failure. Presented at the AHA 5th Scientific Forum on Quality of Care & Outcomes Research in Cardiovascular Disease & Stroke 2004.
- Pimental, D, L. Xiao, T. Miller, R. Safa, T. Lee, K. Singh, D. Sawyer, W.S. Colucci. 2001. NAD(P)H-oxidase/p22phox Mediates Stretch-Induced Hypertrophy in Cardiac Myocytes. Presented at the American Heart Association Scientific Session 2001.
- Mankoff, D.A., A.F. Shields, T.T. Lee, M.M. Graham. 1994. Tracer Kinetic Model for Quantitative Imaging of Thymidine Utilization Using [C-11]Thymidine and PET. Journal of Nuclear Medicine. May Supplement: 138P. Presented at the Society of Nuclear Medicine Conference 1994.

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PUBLICATIONS

- Bean, G., J. Mou, B. Pflugeisen, L. Olsen, S. Hoag, A. Silva, A. Ball, T Lee. 2020. Exercise Training in Patients with Heart Failure with Preserved Ejection Fraction: A Community Hospital Pilot Study. *Journal of Cardiovascular Nursing*. 2020: 36(2): 124-130.
- Jeremias, A., C.P. Ruisi, A.J. Kirtane, T. Lee, B. Sylvia, D.S. Pinto, K.K.L. Ho, D.E. Cutlip, J.P. Carrozza, D.J. Cohen. 2008. Differential Outcomes after Sirolimus-eluting Stent Implantation: Comparing On-label versus Off-label Patients in the “Real World.” *Coronary Artery Disease*. 19: 111-115.
- Kumar, R, T.T. Lee, A. Jeremias, C.P. Ruisi, B Sylvia, J Magallon, A.J. Kirtane, B. Bigelow, M. Abrahamson, D.S. Pinto, K.K.L. Ho, D.J. Cohen, J.P. Carrozza, and D.E. Cutlip. 2007. Comparison of Outcomes Using Sirolimus-Eluting Stenting in Diabetic versus Nondiabetic Patients With Comparison of Insulin versus Non-insuling Therapy in the Diabetic Patient. *American Journal of Cardiology*. 100: 1187-1191.
- Lee, T.T., L Feinberg, D.S. Baim, D.R. Holmes, J.M. Aroesty, J.P Carrozza, D.J. Cohen, K.K.L. Ho, D.E. Cutlip. 2006. Effect of Diabetes Mellitus on Five Year Clinical Outcomes after Single Vessel Coronary Stenting—A Pooled Analysis of Coronary Stent Clinical Trials. *American Journal of Cardiology*. 98: 718-721.
- Lee, T.T., R. De la Torre, and, J.P Carrozza, Jr.. 2006. Suture-Mediated Closure of a Patent Foramen Ovale During Surgery without Cardiopulmonary Bypass. *Catheterization and Cardiovascular Interventions*. 68 (5): 747-748.
- Lee, T.T., J. Chen, D.J. Cohen, L. Tsao. 2006. The Association between Blood Pressure and Mortality in Heart Failure Patients. *The American Heart Journal*. 151: 76–83.
- Bradberry, C.W., T. Lee, and P. Jatlow. 1999. Rapid Induction of Behavioral and Neurochemical Tolerance to Cocaethylene, a Model Compound for Agonist Therapy of Cocaine Dependence. *Psychopharmacology*. 146 (1): 87–92.
- Lee, T. 1998. Neurochemical and Behavioral Tolerance to Cocaine following Treatment with Cocaine Analogs. Medical School Thesis; Yale University School of Medicine.
- Lee, T. 1996. The ACP Journal Club on Disk, a Review. *American College of Physicians IMPact*. 2 (3): 1, 5-6.
- Lee, T. Neural Perception from Light to Color: A Model of the Human Color Vision System. *Journal of Undergraduate Sciences*. 1994. Accepted for publication.

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TEACHING AND LECTURES

- **Tacoma Fire Department On-Going Training and Evaluation Program** 24 September 2019
Recorded discussion with Chief Jeff Bambrick to discuss spontaneous coronary artery dissection and treatment for their online educational series, module 4: cardiology.
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 13 September 2019
Lecture Title: Heart Healthy Lifestyle: Longevity without a Prescription
Audience: 100 nurses and allied health professionals (score of 4.97 out of 5 overall)
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 13 September 2018
Lecture Title: Treatment of Myocardial Infarction
Audience: 100 nurses and allied health professionals (second highest rated speaker with 93% attendees rating talk as highest excellent ratings)
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 14 September 2017
Lecture Title: Let's Get Physical: Physical Examination Findings in Heart Disease
Audience: 120 nurses and allied health professionals (second highest rated speaker with 92% attendees rating talk as highest excellent ratings)
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 15 September 2016
Lecture Title: Slowing Down Coronary Artery Disease: Medications & Lifestyle Changes
Audience: 125 nurses and allied health professionals (highest rated speaker of conference with score 4.97 out of 5 overall)
- **Tacoma Cardiology Conference** 27 February 2016
Lecture Title: Cardiology Jeopardy (topics of atrial fibrillation, coronary artery disease, others)
Audience: 128 physicians, nurses, and other health care providers
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 17 September 2015
Lecture Title: Sex, Drugs, and Cholesterol (and the heart)
Audience: 107 nurses and allied health professionals (highest rated speaker of conference with 4.98 out of 5 for overall strength of presentation)
- **Multicare Residency Programs Family Medicine Didactics** 9 July 2015
Lecture Title: Chest pain and acute coronary syndrome
Audience: 50 residents and faculty from the Tacoma Family Medicine residency program, East Pierce Family Medicine residency program, and Puyallup Trial Health residency program
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 18 September 2014
Lecture Title: Chest Pain: Heart Disease or Something Else?
Audience: 115 nurses and allied health professionals (highest rated speaker of conference with 4.97 out of 5 for overall strength of presentation)

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- **Tacoma Cardiology Conference** 3 May 2014
Lecture Title: Cardiology Jeopardy (topics of hypertension, hyperlipidemia, and heart failure)
Audience: 70 physicians, nurses, and other health care providers (tied for highest rated speaker of conference with 100% of surveys reporting “provided practical information” and “I enjoyed the interactive game format.”)
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 12 September 2013
Lecture Title: Chest Pain, ECGs, and Troponins! Oh My! (Acute Coronary Syndrome Update)
Audience: 100 nurses and allied health professionals (highest rated speaker of conference with 4.97 out of 5 for overall strength of presentation) Lecture recorded for continuing nurse education via the Multicare Web Portal
- **Tacoma Cardiology Conference** 27 April 2013
Lecture Title: Cardiology Jeopardy (topics of cardiac testing, heart failure, and valve disease)
Audience: 95 physicians, nurses, and other health care providers
- **Northwest Association Cardiovascular & Pulmonary Rehab Conference** 27 April 2013
Lecture Title: Healthcare and the Media: Scare versus Science
Audience: 35 rehabilitation exercise physiologists and nurses
- **Mel Evans Memorial Seminar for Cardiovascular Nursing Education** 20 September 2012
Lecture Title: Media: The Effects on Our Heart Patients
Audience: 104 nurses
- **Ever Active Multicare Heart Failure Conference** 9 June 2009
Lecture Title: Heart Failure: The News
Audience: 8 community members and nurses
- **Saturday Medical Lecture**, Taiwan Center, Seattle 6 June 2009
Lecture Title: Heart Attack! Angioplasty, Stents, and Bypass Surgery
Audience: 50 community members
- **Multidisciplinary Case Conference** Panel Member 27 May 2009
Title: Heart Failure: What Everyone Needs to Know about Recognition and Management
Audience: 60 physicians, nurses, and other health care professionals
- **Evening Lecture Series** 13 May 2008
Lecture Title: Acute Coronary Syndrome: Secondary Prevention
Audience: 4 physicians
- **Multicare Community Heart Failure Awareness** 13 May 2008
Lecture Title: Heart Failure 101
Audience: 60 individuals from the community

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- **Mel Evans 13th Annual Seminar in Cardiovascular Nursing** 21 September 2007
Lecture Title: Recent Advances in Heart Failure: Drugs, Devices, and Diastolic Dysfunction
Audience: 69 nurses, physicians and allied health care providers
- **Good Samaritan Medical Education Conference** 15 June 2007
Lecture Title: Acute Coronary Syndrome: Unstable Angina and Non-ST-Elevation MI
Audience: 22 physicians and other health care providers
- **Tacoma Academy of Internal Medicine, Internal Medicine Review Course** 11 May 2007
Lecture Title: Code STEMI: Decreasing Mortality with Current Therapies
Audience: 60 physicians and other health care providers
- **Tacoma Academy of Internal Medicine Meeting** 24 April 2007
Lecture Title: Current Management of Valvular Heart Disease
Audience: 25 physicians and other health care providers
- **Tacoma Cardiology Conference** 14 October 2006
Lecture Title: Recent Advances in Heart Failure: Drugs, Devices, and Diastolic Dysfunction
Audience: 76 physicians and other health care providers
- **Tacoma Cardiology Conference** 8 October 2005
Lecture Title: Chronic Heart Failure: Current Management Recommendations
Audience: 77 physicians and other health care providers
- **Internal Medicine Morning Report Lecturer / Moderator** 2001-2002
Sessions: 90 sessions total, 60 minutes per session.
Audience: 12 physicians and 10 medical students.
- **Internal Medicine Morbidity & Mortality Conference Facilitator / Moderator** 2001-2002
Sessions: 3 sessions total, 90 minutes per session.
Audience: 75 physicians and 40 medical students.
- **Introduction to Clinical Medicine Lecturer / Discussion Leader** 2001-2002
Sessions: 8 sessions total, 90 minutes per session.
Audience: 12 medical students.
- **Medical Student Bedside Physical Examination Rounds Instructor** 2001-2002
Sessions: 5 sessions total, 60 minutes per session.
Audience: 5 medical students.

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RESEARCH EXPERIENCE AND INTERESTS

- **SOLID-TIMI 52** (Tacoma General Hospital, *Tacoma, WA*) 2009-2014
Primary site investigator for international study on darapladib (Lp-PLA2 inhibitor) versus placebo in subjects following acute coronary syndrome (ACS).
- **TRA2P-TIMI 50** (Tacoma General Hospital, *Tacoma, WA*) 2008-2014
Primary site investigator for international study on a novel antiplatelet agent SCH530348 in secondary prevention for patients with acute coronary syndrome (ACS).
- **ENDEAVOR** (Tacoma General Hospital, *Tacoma, WA*) 2008-2012
Primary site investigator for study evaluating the Medtronic Endeavor Drug (ABT-578) Eluting Coronary Stent System versus the Taxus Paclitaxel-Eluting Coronary Stent System.
- **Beth Israel Deaconess Medical Center, Boston, MA** 2004-2006
Investigator in a registry of patients receiving a Cypher drug-eluting coronary stent to examine real world outcomes. Advisors Donald E. Cutlip, M.D. and Joseph P. Carrozza, Jr, M.D.
- **Beth Israel Deaconess Medical Center, Boston, MA** 2004-2005
Investigator in a feasibility examination of the Medtronic Paradigm 522X continuous glucose monitoring system in the coronary care unit for diabetic patients admitted with myocardial infarction. Advisor Donald E. Cutlip, M.D.
- **SHOCK-2 Trial** (Beth Israel Deaconess Medical Center, *Boston, MA*) 2004-2005
Site Investigator for multicenter, randomized, double-blind, placebo-controlled, study of nitric oxide synthase inhibition with NG-Monomethyl-L-Arginine (LNMMA) in patients with cardiogenic shock complicating acute myocardial infarction. Advisor Donald E. Cutlip, M.D.
- **Beth Israel Deaconess Medical Center, Boston, MA** 2002-2005
Examined the relationship between blood pressure and clinical outcomes in heart failure patients. Retrospective analysis of the Digitalis Investigation Trial. Advisors Lana Tsao, M.D. and David J. Cohen, M.D., M.Sc.
- **Boston University School of Medicine, Boston, MA** 1999-2001
Explored inhibitors of reactive oxygen species generating systems and their ability to prevent activation of stress-related proteins in mechanically stretched rat myocytes. Supervised by Wilson Colucci, M.D., David Pimental, M.D., and Douglas Sawyer, M.D., Ph.D.
- **Yale University School of Medicine, New Haven, CT** 1995-1998
Studied the neurochemical and behavioral effects of cocaine on rats maintained on a chronic treatment of cocaine analogs. Thesis honored with Transfusion & Laboratory Medicine Award. Supervised by Peter Jatlow, M.D. and Charles Bradberry, Ph.D.
- **University of Washington/VA Medical Center, Seattle, WA** 1993 & 1994
Laboratory Assistant. Assisting in positron emission tomography (PET) kinetic model development of tumor growth and response to therapy for C-11 labeled thymidine. Summer experience. Supervised by Anthony Shields, M.D., Ph.D. and David Mankoff, M.D., Ph.D.

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OTHER INTERESTS—FENCING (tobylee.com/fencing)

- **Metro Tacoma Fencing Club**, *Tacoma, WA* (www.tacomafencing.com) 2008–*present*
President of the board (2019–*present*) and volunteer coach at this 501(c)3 not for profit.
- **USA Fencing Veteran World Team member**, *Zadar, Croatia* 2022
Veteran World Fencing Championships 2022, 25th out of 89 fencers in individual men's épée 50-59 year old category, 5th out of 18 teams in combined team event, representing team USA.
- **USA Fencing top national rank**
 - Top rank of 2nd in the United States for 50-59 year old men's épée (1/1/2023)
 - Top rank of 8th in the United States for 50-59 year old men's foil (1/1/2023)
- **Top National Tournament Results** (medals awarded to top 8 finish)
 - North American Cup, *San Jose, CA* 5 January 2024
3rd out of 54 fencers in 50-59 year old men's épée
 - North American Cup, *St Louis, MO* 24 April 2023
3rd out of 51 fencers in 50-59 year old men's épée
 - Summer National Fencing Championships, *Minneapolis, MN* 6 July 2022
3rd out of 44 fencers in 50-59 year old men's épée
 - North American Cup, *San Jose, CA* 10 January 2022
2nd out of 40 fencers in 50-59 year old men's épée
 - North American Cup, *San Jose, CA* 9 January 2022
3rd out of 29 fencers in 50-59 year old men's foil
- **USA Fencing weapons classifications** of A2024 in épée (97th percentile) and B2022 in foil (97th percentile).
- **Certified Fencing Coach, US Fencing Coaches' Association (USFCA)** 2011–*present*
Fencing Master in épée (earned 2024) and Prévôt in foil (earned 2011), lifetime member. My Prévôt examination administered by Maitre d'Arms Rob Handelman and Maitre d'Arms Peter Burchard. My master certification review by Maitre d'Arms Franco Cerutti with Executive Director and Maitre d'Arms Vinnie Bradford.
- **Invited Fencing Instructor, University of Puget Sound**, *Tacoma, WA* 2019-2021
Fencing clinics for the fencing club 4/7/2019, 9/29/2019, and 3/15/2020
- **US Fencing Coaches Association National Coaching Development Program** 2022
Foil technique and tactics task force member to develop a clear and transparent pathway to coaching certification with Executive Director and Maitre d'Arms Vinnie Bradford.
- **Harvard College Varsity Fencing Team**, *Cambridge, MA* 1991-1994
Member of the Harvard varsity fencing team in épée, coached by Master Branimir Zivkovik. Received George Breed Award given to fencer who contributed the most to the team.
- **Lakeside High School**, *Seattle, WA* 1986-1990
Member of the club coached by Chris Wearing with beginning technique development in foil.

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OTHER INTERESTS—FENCING CONTINUED

- **Certified Fencing Referee** 2012-*present*
Ratings of R1 in foil (2012) and R2 in épée (2012) recognized by the Fencing Officials
Commission of the US Fencing Association, evaluated by Fencing Master Mark Stasinov.

OTHER INTERESTS—PHOTOGRAPHY

- **“Sunset at the Beach”** 2013-*present*
Purchased by Multicare Health Systems and displayed at Mary Bridge Pediatric
Medical/Surgical Unit, Philip Pavilion, Tacoma, WA
- **“Castle Geyser”** 2007
First place, photography section, Proctor Arts Fest. Tacoma, WA
- **Photography Display** 2005
Four pieces of nature photography on display, Starbucks Coffee Shop, Brookline, MA